

PULONG ABOUT DELIVERY & POST PARTUM CARE

Experience, history, beliefs about delivery within the family, relatives, community

1. Sharing of the participants about their own experience or what they have heard about delivery of baby

2. Topic to tackle:

- *Precautionary measures*
- *Complication*

Awareness about delivery care

1. Sharing about their own definition of Delivery Care:

- *What do you understand about delivery care?*
- *What have you heard about delivery care?*
- *Any experiences (you, someone you know, etc) ?*

2. Topics to tackle:

- ***Definition***

Delivery is the moment when the foetus, followed by the placenta, exits the mother's body. Majority of women need only basic care during labour and delivery.

- ***Benefits***

*Delivery monitoring

*Delivery plan :
+ Where: hospital, lying-in, home
+ Who: doctor, midwife, nurse
+ Cost of delivery, medication... → **savings**
+ Transportation

*What would be your ideal box for delivery?

- + Ironed clothes for baby
- + Clean lampin
- + Savon to clean clothes
- + Pampers and napkins for the mother
- + Blanket
- + Safety pins ...

3. Available health facilities in the vicinity

Information about the services that can provide delivery monitoring (⇒ assessment per area)

Awareness about post partum care

1. Sharing about the way the arrival of the newborn is handled in the family

2. Topics to tackle:

- ***Time management***

Changes in the organization of the family since the newborn arrived

- ***Family relationship***

- *Bonding between mother and child

- *How the child is accepted in the family

- *Feelings of the family members, etc.)